

# Reiki II Second Degree



## Course Information and outline:

Reiki II offers a deeper connection and understanding to your Reiki practise. The Attunement for Reiki II gives you the Reiki symbols to work with. The Power, Mental/Emotional and Distance Healing symbols allow you to focus on particular issues or situations for healing, cleansing and creating positive change. They can be used in a variety of ways and are the heart of Reiki II, the symbols are necessary tools needed for any further Reiki teachings.

Reiki II is a professional qualification; this course provides you with the certificate needed to gain insurance and membership with the Reiki Federation, and or the Reiki Association. The certificate is granted upon the successful completion of 6 case studies. You choose who you would like to work with, and complete a short piece of written evidence on how you used Reiki and the symbols. Following this, time is given for you to discuss with your Reiki Master and to ensure you are confident in using the symbols. Some may choose not to use Reiki II for professional use, and to have it for self healing, family and friends.

The Attunement to Second Degree Reiki is a very powerful process. It opens up the Chakra's to a much higher vibration, in particular the 3<sup>rd</sup> Eye and Crown Chakra. As a result there is a much deeper connection to your intuitive mind and inner guidance. The Reiki Symbols are placed within your aura and can bring greater healing and awareness. The 21 day cleansing period follows; there can be noticeable changes to diet, lifestyle, and your personal and spiritual awareness.

**All courses are Accredited with the I.P.T.I (Independent Professional Therapists International)**

## The Course Covers

**The course is run over two days and will include work in the following areas:**

- Meditation – working with the symbols, grounding, centring and protection
- The Attunement to Second Degree Reiki
- Use of the Symbols – practical exercises and use within the Reiki Session, also for self treatment
- Distance Healing Techniques, for self and others.
- Healing of the Past & using Reiki for positive change of present situations
- Working with the Chakra's and Reiki
- Working with clients, professional practice and guidance

## **Each Student will receive:**

- Reiki II Manual
- Reiki II Certificate
- Information and guidance for case studies & \*insurance (for those who want to begin professional work)
- Open invitation to Reiki Share Groups which run monthly

## **Location and Costs:**

The cost per student for the two days with all materials is £225. I prefer to teach small groups with a maximum of six people. One to one is also an option. I prefer to teach Reiki over a weekend as I feel it gives each student the time and space needed to process the Reiki energy. Classes are held at The Treatment Room, Inverurie or in Westhill, Aberdeenshire. The course will run from 10am to 4pm each day.

Course fees may be paid in instalments by arrangement.

## **Booking:**

To book this course please fill in the [booking form](#) and return it to Katrina, email [katrina-678@hotmail.co.uk](mailto:katrina-678@hotmail.co.uk), or phone 07969 697527. If you have any questions, please contact Katrina for more information.

With love, with light,  
Katrina